Adolescent Mobility Health Consortium (AMHC)

https://blogs.otago.ac.nz/amc/

Or

Follow us on Twitter at #AMHC2

“Adolescent Mobility Health: Advocating for Deep Change”

Presented by:
Professor Hank Weiss and Aimee Ward
University of Otago, NZ
“Adolescent Mobility Health: Advocating for Deep Change”
Teen drivers crash injury rates (/km) greatly exceed that of all other age groups (NZTA, 2010)
The Energy Glut: Transport and the Politics of Fatness and Thinness
4th Annual TRIPP Lecture, 11th March 2011
Transport Safety
Sustainable Transport
Health
Adolescent Mobility Health Consortium (AMHC)

University of Otago
Adolescent Mobility

Health

Transport Safety

Health

Sustainable Transport
• Cost ($$$)
• Cost (time)
• Environmental effects
• Freedom from car dependence
Key Leverage Points

- School
- Parents & Family
- Community
- Peers
- Work
- Costs
- Built Environment

Youth
AMHC Symposium 2012

Teen Panel
Millennials Want Transportation Alternatives

If there were more options in my area, such as public transportation, car sharing or convenient carpooling, I would drive less than I do now. (Licensed drivers only)

% Agree

<table>
<thead>
<tr>
<th>Age Group</th>
<th>2011</th>
<th>2010</th>
</tr>
</thead>
<tbody>
<tr>
<td>Ages 18-34</td>
<td>70%</td>
<td>64%</td>
</tr>
<tr>
<td>Ages 35-44</td>
<td>59%</td>
<td>55%</td>
</tr>
<tr>
<td>Ages 45-54</td>
<td>49%</td>
<td>49%</td>
</tr>
<tr>
<td>Ages 55+</td>
<td>37%</td>
<td>41%</td>
</tr>
</tbody>
</table>

A Survey Commissioned by Zipcar, November 2010
The Future

NEXT EXIT
This runs on money and makes you fat

This runs on fat and saves you money
Effects of traffic reduction on health. Red lines indicate a negative effect of the former box on the latter and blue lines indicate a positive effect. Reproduced with permission from Joffe M and Mindell J.
Thank You